



# COLORADO STATE COURT NEWSLETTER CATHOLIC DAUGHTERS OF THE AMERICAS®

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## MESSAGE FROM THE STATE REGENT

“As we enter this season of Lent, turn to God’s mercy and be healed. You can choose to let Christ transform your heart and life. You can dare to believe that you can be more than you ever expected of yourself.” (devotion by Henri J. M. Nouwen) So what does this mean? It means that throughout this season of prayer, self reflection, abstinence, and anticipation, we prepare ourselves to celebrate the life in Christ’s resurrection which is our salvation. May you have a meaningful, prayerful Lent and take the opportunities to bring you closer to God.

Please remember that your court’s donation to our State Seminary Burse is due to Cathy Patch, 2<sup>nd</sup> Vice State Regent before Palm Sunday. (April 5<sup>th</sup>) How much do you give? That is up to your court as many of our courts give more than the \$75 requested amount. This fund is split between the 3 Dioceses in Colorado to assist in the formation of new priests. Please be generous. On another note, April will be the month for our bi-annual financial reviews so please contact your State supervisor to make these arrangements. We have a new form that you will be given to mail your State dues to Cathy Patch, 2<sup>nd</sup> Vice State Regent who accepts all monies sent to the State. Thank you all for the many services you do for your church, community, state, and beyond.

Lucy Gasaway



### DATES TO REMEMBER

March 1: Deadline for Entries for Newsletter, Website, and Education contests

March 8: Daylight Savings Time Begins

March 15: Delegate and Alternate sheets for National Convention due to National



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We are on the web at:  
**[catholicdaughterscolorado.org](http://catholicdaughterscolorado.org)**

### MISSION STATEMENT

Catholic Daughters of the Americas strive to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

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MESSAGE FROM YOUR NATIONAL DIRECTOR , CAROLYN MALIK



I do hope that you and your family had a great holiday season with family and friends to start off 2020. But even in our fast-paced world, we cannot forget our spiritual lives and continue to strive to be better and stay in contact with Our Lord through the sacraments He has given us in our Catholic faith. We must have confidence in Our Lord and the grace He gives to us through the Sacrament of Reconciliation. The season of Lent is upon us once again and we need to utilize this time to grow closer to Our Lord and His Mother through daily mass and reception of Holy Eucharist.



Pro-Life rallies and marches have been conducted in many areas of the state and I do hope you have had the opportunity to participate in one of these. It is very uplifting to be supporting and promoting life for those poor babies. I just returned from the March for Life in Washington, D.C. and it is one march everyone should attend one time in your life. It was estimated that approximately 20,000 attended the opening mass at the Shrine of the Immaculate Conception in Washington, D.C. with over 600 priests, 30 Bishops and 3 Archbishops as well. 70% of the crowd was young people which is very enlightening as this tells me that the younger generation sees the value of life and supports the mission. As we marched down Pennsylvania Avenue, we were next to a large group of young adults who were cheering “PRO CHOICE, THAT’S A LIE, BABIES DON’T HAVE A CHOICE” and that has stuck with me and will forever. In speaking with the police officer there, they said this is the biggest and largest march that is in DC always.



Participating in these types of activities is truly a form of evangelizing our faith and selfless love. I will close with a quote I read recently from Madeline L’Engle from January 2020 Living with Christ. *“Evangelism is not what we tell people, unless what we tell is totally consistent with who we are. If we do not have love in our hearts, our words of love will have little meaning. If we do not truly enjoy our faith, nobody is going to catch the fire of enjoyment from us. If our lives are not totally centered on Christ, we will not be Christ-bearers for others, no matter how pious our words.”*



### NEWS ABOUT OUR STATE CHAPLAIN

Father Pat Valdez, our State Chaplain has taken an extended administrative leave and has resigned as State Chaplain.

Please stop sending minutes to him. We will advise you who to send minutes to when we get a new State Chaplain.



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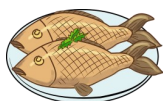
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## STATE COURT NEWS



It's almost time again for our Spring Financial Reviews! Now is the time for you to make sure your membership papers (additions & deletions) have all been sent to SANDY COZAD, State Secretary and to National. Get a court roster from Nat'l. Double check your receipts, vouchers, checks, ledgers, etc to make sure everything is correct, matches and put it all in order so that the reviews goes quickly. Make sure all bank statements are reconciled. Schedule your review with your state representative.



ALL MONEY GOES TO CATHY PATCH (Dues, Seminary Burse, etc)  
ALL MEMBERSHIP INFORMATION GOES TO SANDY COZAD

Lent is a time of Prayer, Sacrifice, and Penance. It is a time for us to clear the junk out of our lives and focus on the gifts of the Lord. Put aside the cares of Martha and share in the spiritual gifts with Mary. Make time for what is important: Time with the Lord, Almsgiving, and Reconciliation. Opportunities abound in our parishes during this season. Mass, Retreats, Parish Lenten Appeals, Stations of the Cross, Adoration, Reconciliation, Food Pantry appeals, Bible Studies, Women's faith sharing, Daily meditation guides, On-line courses and reflections just to name a few. Make a prayer space in your home and practice daily prayer—"just for today". Then get up tomorrow and do it "just for today" again. Little changes can make a huge difference in your life. Blessings.

Barbara Barnes, 1st Vice State Regent



### NATIONAL CONVENTION

National Convention will be in Dallas, Texas July 15-19, 2020. Delegate and Alternate sheets need to be sent to National by March 15. Watch your mail because the second call to convention should be coming out soon with registrations and more info about convention.

### COLORADO STATE WORKSHOP

The 2020 Colorado State Workshop will be held at the Franciscan Retreat Center in Colorado Springs Friday, June 19-Sunday, June 21, 2020.

What can you expect? Training on your office. Spiritual Experiences. Speakers. Fellowship. Individual Growth. Prizes and Gifts. Oh yeah and did I mention the opportunity to spend time with and get to know your state officers better. : )

Seriously, though, there isn't a better way to get to know other Catholic Daughters in our state and to share some fun and spiritually uplifting experiences with your CDA sisters. And hey! You also get to learn how to do your job as a court officer better! It's a win-win. We really want to spend this time with you!

Workshop information and registration packets should be coming out sometime in late March or early April so keep your eyes open so you don't miss out on this great opportunity.



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**PRAYERS**

*ON A NATIONAL LEVEL:*

**Shirley Foster**, Chairman of Washington State Special Sales committee passed away this past week after a long and courageous battle with cancer. Please keep Shirley and her family in your prayers.

*FOR THE REPOSE OF THE SOUL OF:*

**Barbara Merkel** who passed away February 10, 2020. She was 101 years old. She was a CDA member of Court Madonna of the Mountains and mother of Pat Flageolle and Judi Dukat. Please keep the Flageolle family and Judi in your prayers.

*FOR HEALTH AND HEALING:*



**Helen Johnson** of Court Madonna of the Mountains for healing following knee surgery. Helen is in a rehabilitation facility and could use some cheering up cards! Cards can be sent to :

Helen Johnson c/o Powerback Rehabilitation Center



*GENERAL:*

**Father Pat Valdez** , may our prayers help him on his journey. May he be renewed and strengthened and may the love of the Lord be his guiding light.



For all of our Priests, Deacons, and Religious that they may continue to grow in their faith and know that we appreciate all that they do for us.

For all of our Seminarians that they may be guided on their journey and that their hearts may be full to overflowing with your love.

For all Service men and women and First Responders, Police, Fire and all those who administer to us in our hour of need. May they know that we appreciate their sacrifice and may the Lord keep them safe as they continue their duties.

For all of our CDA members and their families that the Lord may bless them and keep them safe. May the Lord comfort those who are grieving, and give strength to those who are in need.

For all the unborn that they may be loved and cared for and be allowed to live the life the Lord has planned for them.

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### NATIONAL NEWS

Excerpts from the December 2019 National Quarterly

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Circle of Love forms from state chairmen to national chairmen are due **April 1, 2020**

#### Leadership in Our Courts

Suggestions for improving leadership in our courts.

1. Consider your strong points and build on them.
2. Give the gift of undivided attention when working with others.
3. Improve your vocabulary.
4. Pay attention to your own behavior.
5. Share your emotional energy.
6. Demonstrate care and concern for others.
7. Build trust and mutual respect by standing up for your chairmen and officers. Give them the tools and support necessary to be successful and then let them fly.
8. Over communicate. Speak, write, email, send memos. Communicate what is right or wrong over and over again. Monthly messages are helpful and a good reminder.
9. Always give praise. There is no financial cost but the good will created will be beyond value.
10. Anybody have a better idea? Be open to new ideas. Give them the lead, stay in close contact, but allow them to try something new.
11. Problems? Listen to all sides of the story. Be honest to all sides. Don't pit one officer/member/committee against another

Your leadership style is unique use it to the best advantage for your court.

Sherry Nilles, National Regent-Elect, and Leadership Chairman

Dear Catholic Daughters and friends:

*"Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves." (Matt. 11:29)*

Humility is one of the virtues most characteristic of Jesus. It is the only virtue that he explicitly said that we should learn of Him. *"Learn from me for I am meek and humble of heart."*

Humility is also one of the most misunderstood and least appreciated of the virtues. It is not the virtue of the weak; it is the virtue of the strong.

Humility is not an inferiority complex, a negative self image, a cringing, fawning obsequiousness. It is not the denial of the talents I have. It doesn't mean that we hide our talents. Humility inspires us to do and attempt great things.

Humility does not mean that we let people run over us. Justice is the substratum, the foundation of love. Fraternal correction is an essential part of love.

Humility is truth. It is true that I am a feeble, fickle, fallible, sinful human being. But it is also true that I am gifted, graced, unique, and indispensable. I am an unrepeatable gift of God.

Humility is truth. And the truth is: I am "we". And "we" is mostly Thee. In other words "we" represents the Indwelling of the Blessed Trinity. The truth is that God is the ground of my being. Without God I would not even exist.

We don't have to prove anything to God. He knows us better than we know ourselves. He loves us not because of what we are but because of WHO he is.

The way to humility is through humiliations. So today when you are humiliated, instead of being upset and disturbed, be glad and rejoice because you are on your way to humility where you will find peace and rest for your soul. Ad He who is mighty can do great things for you.

Father Edward Lamp, National Clergy Consultant

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### LOCAL COURT NEWS



**COURT LITTLE FLOWER #925, LA JUNTA:** A Rosary for “Traditional Marriage” will be held at the Plaza Park on March 21 at noon. A thank you note and check were given to Father Henry Wertin for his Lenten Reflection Service held for their court and parish members. No one from their court will be attending National Convention. Election of nominating committee will be at March meeting.



**COURT MT OF THE HOLY CROSS #941, GRAND JUNCTION:** They had two guest speakers from charities the court is considering giving funds to. One was from NAMI (National Alliance on Mental Illness). Their second speaker was from the Labour Society. This meeting they held the Birthright Baby Shower. Representatives from the Grand Junction chapter spoke about Birthright. A new member was installed. No members at this meeting plan to attend the National Convention. Sign up sheet for card party were passed around. They are still looking for a speaker on Human Trafficking. Members voted to donate to the outgoing National Regent fund. Nominating committee formed.



**COURT ST. TERESA #980, STERLING:** The check for the National Dues has not cleared yet, so they will check to make sure National received it. Masses and rosaries have resumed at the nursing home. An announcement was put in the bulletin thanking the parish for their generous donations to Baby Blessings. Rosaries will be provided to hand out at Shrove Tuesday supper. Rosary before mass was Feb 8 and 9. Circle of Love shirts are available. 22 people carpooled to Denver for the March for Life. The Mass at the Cathedral was well attended as was the walk (about 8,000 people). Essay awards presented to students from various schools. National Convention delegates and alternates will be elected at the March meeting. Donation made to Olga's gift. Plans were made to make Palm crosses for the Nursing home residents.



**COURT ST. ANTHONY #1248, DURANGO:** There were two guests present. Confirmation will be held at St Columba on April 23. For the NET meal, they served 30 young adults. The Epiphany Luncheon was held on Jan 11 at the Yellow Carrot. They have enough in their scholarship fund to provide 3 scholarships this year to female graduating seniors going to a trade school or college. The next meeting will be a baby shower for the Durango Pregnancy Center. Ash Wednesday and Stations of the Cross schedules were announced. There is one delegate going to National Convention so far.

**COURT SACRED HEART #1606, CORTEZ:** New member was installed. Fellowship of Christian Athletes served 30 kids in January. In February they had 50 with a great motivational speaker from Australia. They have 1 delegate for the National Convention so far. Darlene Sichta is the new State Convention Chairman and Rene Farias is the co-chairman. Committees were formed and the 3 themes were chosen and submitted to the State Board. They will hold a Christmas in July fundraiser to benefit the State Convention. Plans were made for family game night on Feb. 16th after the 5pm. Mass with a potluck dinner and fun & games to follow. The court is planning a community wide womens' retreat on April 4th. The court reinstated saying the rosary before each meeting. Highway clean-up is April 25th. February service project— they decided on sending thank you cards to all first responders in the area.



**JCDA COURT IMMACULATE HEART #1606, CORTEZ:** The girls are working on making a surprise gift for the State Convention. They went to Vista Grande Nursing home to decorate for Valentine's Day. They held a rosary making night for the parish on Feb. 7th. National JCDA Day (Feb 16th) will be celebrated at their next regular meeting on March 1st with a cake. The girls will be leading the Stations of the Cross on Friday, Feb. 28th and CDA will be providing the soup & bread dinner.

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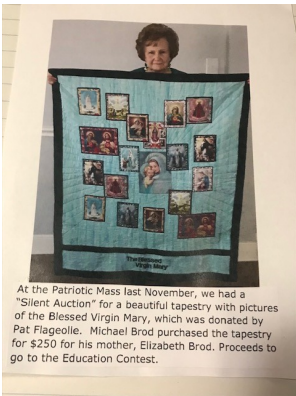
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**COURT HOLY FAMILY #1794, SECURITY:** The court voted to help with the breakfasts the Knights will be hosting this year. Operation Morningstar flyers were put out for members to take. Donation to Mother Teresa. They made food baskets for a couple of needy families. Homebound visits were made with all positive reports. Cards were sent to members who are ill, having surgery, or needing prayers. Members were reminded that Forty Days for Life in is March/April. The card party was Feb 8th and was very successful. A Lenten Soup Supper will be hosted by CDA on March 13th.

**COURT MADONNA OF THE MOUNTAINS #2035, LAKEWOOD:** Two guests were present at this meeting. At the Patriotic Mass last November, they had a silent auction for a tapestry. Birthday cards were sent to two residents of the Little Sisters of the Poor Home for the aged. A Legislative report was given urging members to stay informed about the important issues relating to Catholic social teaching and life, and to make our views known to our congressmen. Memorial Masses celebrated for Marge Barta, Ernie Armbrust, Mary Jane Mulvaney, and Helen Billiard. A proposed budget for 2020 was presented at the January meeting. A financial committee was formed to address some of the concerns expressed during the discussion and to balance the 2020 budget. No entries had yet been received from the schools for the education contest, but one poem was submitted by CDA member. Court Standing Rules were presented, discussed, and amended. Prayer pals were chosen. Delegates and Alternates for the National Convention were elected. Lenten calendar fundraiser explained. The court officer Nominating committee was elected. A resolution was presented for court approval to present at the National Convention. The Resolution would be to support the Labour Society.



At the Patriotic Mass last November, we had a "Silent Auction" for a beautiful tapestry with pictures of the Blessed Virgin Mary, which was donated by Pat Flageolle. Michael Brod purchased the tapestry for \$250 for his mother, Elizabeth Brod. Proceeds to go to the Education Contest.

**COURT STS. PETER & PAUL #2669, WHEAT RIDGE:** A plastic cover for the cabinet in the pantry was purchased as were two stainless steel carts for the kitchen. Donations were given to the five National Projects, Smile Train, Covenant House, National Disaster Relief, Steubenville of the Rockies, to the parish for use of facilities, for the Wheat Ridge High School after prom night, to Mary's Homes of Hope, and to Mt. St. Vincent. CDA members made personal sack lunches for Sack Lunch Weekend. A pancake breakfast was held on Feb 16. Three members have moved. Eight members attended the school basketball game and were given bouquets of flowers in appreciation of our support. The CDA members donated so many items for the 2 baskets for the Gala that the school will be able to make several baskets with the donations. Members will help with the Lenten Fish Fry and with the Confirmation Reception.

**COURT OUR LADY OF PEACE #2728, WOODLAND PARK:** The new officers of the court were introduced. Sister Ann Cassidy is the new Spiritual Advisor. The members decided on their meeting time, place, and date and on their dues. Installation of officers will be February 29th at El Tesoro Retreat Center outside of Woodland Park. The court will begin accepting new members at the March meeting. Members were asked to consider where they would like to volunteer in CDA's Circle of Love program. (family, quality of life, spirituality, etc). The speaker at their last meeting was Sister Ann Cassidy who asked members to think of things we do for spirituality and to spread the love.

**COURT DAUGHTERS OF ST. MONICA #2743, BRIGHTON:** The court welcomed two new members. Members entertained the wives of the Knights of Columbus when the Knights held their Major Degree Luncheon. The court voted to donate to Olga's going away gift. The court will give 2 scholarships this year to 2020 graduating high school seniors in their parish or who has a family member that is CDA or KOC. They will have a joint raffle with the KOC during the fish fries with all proceeds going towards scholarships. They will be helping with the fish fry meals during Lent. They will elect the nominating committee on March 2 and will also elect delegates and alternates for National Convention.

