



# Colorado State Court

## Catholic Daughters of the Americas®

**FEBRUARY**

February 2018

### Message from State Regent

We have a lot of wonderful experiences coming up in 2018 – there is the National Convention in Sioux Falls, SD., in July and our own State Workshop in Colorado Springs in August. For those of you who have never been to a National Convention, it is a truly worthwhile experience – to see hundreds of Catholic Daughters filling the convention hall, all coming to elect a new national board and to express new ideas and learn new ideas – all in all, an effort to make our wonderful organization the best it can be. It can be affordable, if you plan ahead of time and find room mates. Find someone from another Court, find several someone's. Split the room and the trip into several parts. It could even be with someone you have never met before, but they are a Catholic Daughter, who is just like you, and would like to go to a National Convention.

On the other hand, I am expecting each court to be represented at our Officers Workshop in August. This will be the perfect opportunity for your newly elected Court Officers and your seasoned Court Officers to learn more about their offices, there is lots to learn and, share, especially, if you have NEVER been to a Training Workshop, but it will also be a way for you to hear about new ideas to share with ladies from all our courts in Colorado and to make life-long friendships, with other Catholic women who share your love of Catholic Daughters.

Bonnie Valcik, State Regent



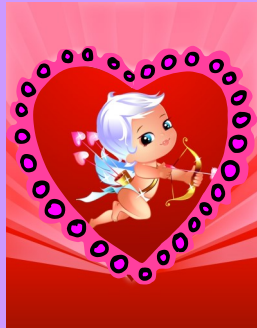
### Prayers

We ask you to pray for the following CDA Sisters and their families: Loretta Paolucci; Tillie Mascarenas; the health of Doris Rizzuto; Regent Jo Ann; Lucy Rizzutto, Lillian Malouff; Jeanine Spano (pregnancy complications); Marie Sheeley (chemo treatments); Lee Robinson's wife, Mitzy (Hospice); Donna Ramey; Ruby Moscoso; Rita O'Hayre; Ilene Deane, Mary Roundtree; the new Seminarian, Christian Mast; Ann Dungan; Olga Samaniego, Ruth Tomb (Health), Cathy King, Pat Stearns, Petronella Adams (Parkenson's).

National Regent Elect Olga Samaniego, lost her mother, Amy Rueda, Past State Regent of Texas. Her funeral was January 12th at St. Francis Xavier Cabrini Church in El Paso TX, where she lived with her other daughter, Amy. Cards can be sent to:  
12111 Citation, El Paso, TX 79936.

Please pray for the repose of the souls of the following: Mary Ozzello; Susan Godeck; Helen Emick's grand-daughter Presley; Amy Rueda, Georgina "Gigi" Price.

Special prayers for our CDA Sisters, their families, and their friends who have been hit with all the natural disasters plaguing the many different states at this time. May they be kept safe in the hands of the Lord.



### DATES TO REMEMBER

National Convention  
Sioux Falls, SD  
July 17 - 22, 2018

Colorado State Workshop  
Colorado Springs  
August 3 - 5, 2018

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## State News

### COLORADO STATE BOARD WEB SITE

To learn more about what is going on at the State level, please visit:

[www.catholicdaughterscolorado.org](http://www.catholicdaughterscolorado.org)

There is also a link to the National Board's website on the state's website or you can go directly to National at:

[www.catholicdaughters.org](http://www.catholicdaughters.org)



### ELECTIONS OF COURT OFFICERS

I want all of you to look at yourselves, look at your Court, and think about what you can see going on. Who is doing all the work? Who is coming up with the ideas? How many of the ladies of your Court, are actually doing the work? As you all know, it is getting close to time to vote for new Court Officers. Maybe you're thinking, "I can't do any of those things", but if you are a mother, a room mother, a volunteer at the church, then you must know that you are filled with gifts from the Lord.

I bet, if you really tried any office, you could do it. We all are filled with different gifts that the Lord has given us. Pray on it. What does God want you to do with those gifts? Let them, set under the basket, where your light can't shine? I know there are things out there that I can't do, but I also know that those unfinished craft projects are proof that I can do all kinds of things. I just need a little help to finish them. Finishing those projects, are skills I am still learning, and need help on. If you are like me, you are constantly still learning. God isn't finished with us yet, but he does want us to use those gifts. Think about it, Pray about it. You can always find little ways to grow and learn.

### COURT PICTURES OF CIRCLE OF LOVE ACTIVITIES

Don't forget the pictures of your Circle of Love court activities need to be sent to the State Regent for the Newsletter. The pictures will be used to show how your court is doing something, that everyone else is doing, but in a different way. We all see different ways to do the same thing. Show us how you see your Circle of Love project. Remember to get signed photo release forms.



### RETENTION OF MEMBERS

How are you keeping your members happy? What are you doing in your local courts to keep the spark of interest alive? Are you engaging your members, keeping them involved? Do the new members feel needed? Have they been given a job from the get go? When a woman joins an organization, she does so because she wants to be involved. If you, do not invite the new members to step up to the plate, they will leave the game, resign their membership. And what about existing members? How are you keeping their interest in CDA? Do you have a phone tree to keep them informed – or do you send out monthly newsletters or copies of your minutes? If you said "no" to both of these questions, it is no wonder your court is shrinking. Go out and grab the members you have. Get them involved. If they do not volunteer, volunteer them and don't give them a choice. Some people have to be encouraged – they need to be told how capable they are and how valuable to the court they are. Do not let one member slip through your fingers!



### FR. BILL PRO-LIFE AWARD

This August we will be presenting out first Fr. Bill Pro-life award. The award that will be presented to a Court is a certificate for Court & a \$50 check for Court. The entry should be a write-up on the various pro-life activities the court has been involved in for this particular period (10 months). Again, these must be court activities, not the activity of an individual member. Pictures may be included with your entries. Digital pictures are required by Share. If your entry is forwarded via e-mail, pictures may be included in e-mail.

Court's entry will be sent to the Chairman for this project, Barbara Barnes. She will forward all entries in one package to the judge. Every year, the Chair must receive court entries by **April 5**.

Entries will be returned to courts. Please look for an entry form attached at the end of the Newsletter.

## Circle of Love News

### CIRCLE OF LOVE REPORTING FORMS

Ladies, I suggest you start now completing the Circle of Love reporting forms for the period March 1, 2016 to February 28, 2018. Each court chairman must complete these forms and they must be POSTMARKED NO LATER THAN MARCH 1, 2018 to your State Chairman. A good suggestion for each court chairman is to keep an on-going record of all activities so when these reports are due, there isn't a mad scramble to try and remember what happened during the past year. If you have any questions on how to complete the reports, please contact your state chairman.



### CIRCLE OF LOVE REPORTS ARE DUE MARCH 1st!

The local courts are doing great things – and many of you don't realize that what you are doing on a day-to-day basis in your courts **IS** part of the Circle of Love. If you stop a minute and think about all that you do – it might surprise you! Here are just a few examples:

**Membership/Leadership** – did you do a membership drive? Are you mentoring new members with big sisters/little sisters?

**Spiritual Enhancement** – Does your court have a Mass for the deceased? Did you do a Bible Study or a Day of Recollection?

**Quality of Life** – Did you wrap Christmas presents for the needy in December? Work in a soup kitchen or donate to the Pregnancy Center in your community?

**Education** – The Education Contest is an easy one. But did you provide programs that educated your members on breast cancer awareness or other programs?

**Youth** – Did you do something for your parish youth group or Catholic School?

**Legislative** – Did your court write letters to Congress about FOCA or work against Initiative 1000? Did you attend the March for Life, locally or Nationally?

### CIRCLE OF LOVE CHAIRMEN

#### Quality of Life

Bobbie Zen

[jozenr232@gmail.com](mailto:jozenr232@gmail.com)

#### Education/Leadership

Bonnie Valcik

[valcikb@live.com](mailto:valcikb@live.com)

#### Membership

Cathy Patch

[bbmcrp@hughes.net](mailto:bbmcrp@hughes.net)

#### Legislation

Jean Addyman

[bobo\\_jeano@yahoo.com](mailto:bobo_jeano@yahoo.com)

#### Family

Carol Drury

[anmalkeer@boomerangme.com](mailto:anmalkeer@boomerangme.com)

#### Fr. Bill Pro-life Award

Barbara Barnes

[eirv898@msn.com](mailto:eirv898@msn.com)

#### Youth/JCDA

Elaina Swanson

[elainaryan9@hotmail.com](mailto:elainaryan9@hotmail.com)

#### Extension

Mary Jane Armstrong

Phone: 970-867-0469

[armstrong\\_mj2@yahoo.com](mailto:armstrong_mj2@yahoo.com)

#### Spiritual Enhancement

Cathy Cray

[ccray0500@yahoo.com](mailto:ccray0500@yahoo.com)



Recording Secretaries,

Please send me a copy of your minutes each month so I can place some of what you're doing with the rest of the courts in our state. Also, State Chairwomen, if you have something you'd like to share with the courts, please send me your articles and I will be happy to put them in the newsletter. Thanks so much, Lucy Gasaway, Editor

## Circle of Love News - continued



### LEADERSHIP

Leadership is a very important spoke of the Circle of Love. Without Leadership, we would have no organization.

The National Convention in Sioux Falls, South Dakota this July, is an excellent way to observe our organization in action. This is where Bylaws are voted upon, changes are made, and voices are heard from all over the globe. Come and see how Leadership in CDA has bloomed like a beautiful flower with the Holy Spirit and our Holy Mother as our guides, in all the Courts of CDA throughout the world.

The Colorado State Board will be providing training for our officers in the month of August at Mount St. Francis in Colorado Springs. As you know, elections for new court officers will take place this May. I urge every court to take advantage of this opportunity to make sure your officers are trained for the offices they have been elected to so they can be competent in serving your courts.

Ladies, the National Board points out to us that every organization needs rules to keep the group running smoothly. We have our Bylaws and Tools of the Trade as our guides. Sherry Nilles, National Leadership Chairman, says "The important word in that sentence is 'guide'. Because this organization is made up of human beings, sometimes it is better to remember that the members are volunteers who willingly give of their time. It is unrealistic to expect a member who is experiencing a distressing time in her life to be at an event or help with that event even though they have been assigned to be there. Anytime you must decide between the policy and the heart, go with the heart." Being flexible and kind to each other is more important sometimes than rules.

Every court has that one person who can set up for the event, do all the advertising, manage the bake sale, and run the lunch stand. She has her group who works with her and "outsiders" are really not made to feel welcome. Members who feel insignificant will soon lose interest and could become lost members of the court. New ideas should always be encouraged and welcomed.

Each court's leadership style is unique. Make sure it is geared towards your court's needs and advantage. You will not fail because as National Regent Helene Shepard asks us, your leadership role will be Serving the Lord with Gladness.

Evelyn Irving, Immediate Past State Leadership Chairman



### ASH WEDNESDAY IS FEBRUARY 14th

#### Why the Ashes?

Ash Wednesday opens up the season of penitence. **"Remember, man, you are dust, and unto dust you shall return."** So says the priest as he makes the sign of the cross with ashes on our foreheads.

The imposition of ashes is also a symbol of penance and sorrow for our sins. The practice of sprinkling ashes on one's head as a sign of penance was customary even in the Old Testament – in the Book of Esther, Mordecai put on sackcloth and ashes (Est 4:1); Job sat in sackcloth and ashes to repent (Job 42:6); all of Ninevah put on sackcloth and ashes to repent after Jonah's preaching (Jon 3:5-6).

#### FASTING AND ABSTINENCE DURING LENT

There are two days in Lent that are days of Fasting and Abstinence: Ash Wednesday and Good Friday. All Fridays during Lent are days of abstinence.

**Abstinence:** Catholics from age 14 are obliged to abstain from meat on Ash Wednesday, Good Friday, and all Fridays during Lent.

**Fasting:** Catholics ages 18-59 are obliged to fast from food on Ash Wednesday and Good Friday. The fast requires that a person eat the equivalent of less-than-two meals in place of the typical three meals eaten during a day.

Taken from "Fast and Abstinence" from the USCCB

## National News



### 2018 March for Life theme: Love Saves Lives

January 20, 2018 marked the 45th Anniversary of Roe vs. Wade decision by the Supreme Court which legalized abortion in our country. In advance of the March for Life, the Catholic Daughters plan to attend the Solemn Opening Mass of the National Prayer Vigil for Life which was celebrated at The Basilica of the National Shrine of the Immaculate Conception on Thursday, January 18th at 5:30pm. National Chaplain Timothy Cardinal Dolan was the main celebrant and homilist. The March itself began on the National Mall at approximately 1:00 pm on Friday, January 19th following a musical program and rally. The Catholic Daughters met at the National Museum of Natural History located at the intersection of 10th St. & Constitution Ave. NW, in Washington, DC. They met in the Atrium Café on the ground floor of the museum at 12:30 pm to warm up before beginning the March at 1:00.

### Excerpts from “BOGO! or Bust! “

By Olga Samaniego, National Regent-Elect; National Chairman for Membership & Court Development

Our sisterhood is facing a great challenge—one of survival. We are in danger of losing our great organization. That loss would be a significant loss to Catholic women everywhere. We would lose our historical identity, we would lose our many avenues of service, we would lose the significant voice we have as a sisterhood of 65,000 women of faith, and, most importantly, we would lose our ability to be a powerful, collective witness to our faith in Jesus Christ and to the love He has for his people.

Now is the time to meet this challenge. We cannot wait, or it may get to be too late. Have you invited your friends, relatives, and neighbors to join your CDA court? If not, why not? Don't be shy. There are women in your parish who are looking for the opportunity to serve. Encourage them to use their gifts, and show them how. Every single court needs to be involved in membership - Bring one; Gain one! You can double your membership just by being welcoming

and by ensuring that your court is vital and active. Women want to join other women who are making a difference.

Our sisterhood has faced and met significant challenges over the years—we've survived world wars and the Great Depression; we have been active and served God's people through years of social unrest and turmoil. Today we still have unrest, and we face the added challenges of rebuilding our courts and communities in Houston, Puerto Rico, Florida, and California. We've survived and will continue to survive through faith and determination. Once upon a time, people determined to find a better life would hit the road with a sign on their suitcases or cars that read, “California or Bust” or “Pikes Peak or Bust.” I think that was their way of saying, “complete success or nothing.” Failure was not an option. Failure is not an option for us either. So, sisters, let's hit our knees, ask for direction and guidance, and let's get moving. Together, under God and under the protection of our Patroness, Mary, we Can Do Anything!

### “TURN OFF TV” DAY – WEDNESDAY, FEBRUARY 14

National Center on Sexual Exploitation has been sponsoring a Turn Off TV Day since 1991, as a vehicle to protest offensive programming of glorified vulgar language, unmarried sex, crime violence, religious insults, etc. No TV? What Can I Do? Why not celebrate Valentine's Day by giving your loved ones' gifts that money can't buy – quality family time. Perhaps you might consider the following:

Plan a family dinner or picnic, create a “togetherness” day – games, a walk in the park, trip to the zoo or museum, etc., volunteer – there are so many in need these days and the rewards you will reap are overwhelming. Most importantly, support MIM's efforts by contacting that broadcaster and advertiser to protest offensive programming. So long as we, the consumers, continue to view these objectionable shows, we will continue to be exposed to it.



## National News



### JCDA

JCDA SUNDAY February 18, 2018 and the JCDA Proclamation is as follows:

**WHEREAS**, The Junior Catholic Daughters of the Americas was established on February 22, 1926 to create a National Youth Program for Catholic girls age 6 through 18, and

**WHEREAS**, the goal and objectives of the JCDA program are divided into a threefold program of Message, Service, and Community including the motto "Be useful" and a standard of "love God, serve others, live nobly," and

**WHEREAS**, each Junior Catholic Daughter, having an active faith in God, experience personal and spiritual growth through liturgy, prayer and faith-based activities, and

**WHEREAS**, each Junior Catholic Daughter participates in enriching lives through service to others in their family, parish, community and world following Christ's example, "What I have done, so you must do." (John 13:1315)

**WHEREAS**, opportunities should be provided for each Junior Catholic Daughter for a lifelong journey leading to the development of leadership skills, therefore be it

**RESOLVED**, each Junior Catholic Daughter seek meaningful behaviors with joy and gladness to fulfill the JCDA Program, and be it further

**RESOLVED**, that Sunday, February 18, 2018 be observed as the Ninety-Second Annual National Junior Catholic Daughters of the Americas Day.

If you have a JCDA Court, please plan something special for them on JCDA Day. Perhaps plan a Mass and a breakfast with the Juniors that day, sponsored by your court, so that they know how proud you are of them and how much they are appreciated! If you don't have a court, think about starting one. Our future is with the younger girls and women.



### NATIONAL CONVENTION

Convention Headquarters Hotel

July 18-22, 2018



You must make your hotel reservations directly with the hotel. According to the website, the block of rooms reserved for the Catholic Daughters at the Sheraton are already booked. When you call, and you want to be at the Sheraton, check for cancellations.

Sheraton Sioux Falls  
1211 Northwest Avenue  
Sioux Falls, SD 57104  
(605) 331- 0100  
1-888-627-8088

Ramada Hotel & Suites  
1301 W. Russell Street  
I-29 & Exit 81  
Sioux Falls, SD 57104-1326  
1-800-946-5338

Holiday Inn & Suites Sioux Falls Airport  
2040 W. Russell St.  
Sioux Falls, SD 57104  
605-331-2040

Room Rates

\$116/Night 1-4 people in the room.

All activities will be held in the Convention Center except the Installation Mass which will be at the beautiful Cathedral.

Start thinking about how early you want to arrive. The workshops start on Wednesday. Do you want to attend one of their tours. All of the tours are listed in the Winter Share magazines. If you can't afford the tour prices, plan on going with your own group and not a tour. There are lots of other Hotels, both 3 star and 2 star rated. They usually have a breakfast of some sort at the smaller hotels, as well as have cheaper prices. Call and check. Remember, you will usually just be sleeping at the hotel. Everything else is at the Convention center.

## National News - continued

### PRE-CONVENTION TOURS

Pre-convention tours to local areas of interest are in the Winter issue of Share. The National Board has many advance tours planned so you can explore the State of South Dakota prior to the convention. There will also be a "2018 Walk/Run for Love" - Sioux Falls, South Dakota - Friday, July 20, 2018 at 6 a.m. A \$20.00 registration fee includes a Circle of Love T-shirt! The registration and deadline for ordering the t-shirts is May 21st, 2018. In addition to the \$20 registration fee, you can raise money for the CDA National Projects and Charities.

**Workshops / Concert** - Starting Tuesday, July 17th, the CDA Workshops will begin at 1:00 pm and a new set will begin at 3:00pm. Later that evening there will be a Concert at 7pm by renowned Catholic recording artist Kathy Troccoli.

**Fun Night** - We invite you to come dressed in your finest Red, White or Blue party attire as this will be our Birthday Celebration with all things that are South Dakota.

### **"Serve the Lord with gladness, come before him with joyful Songs." Psalm 100:2**

Come join us with your music abilities so we can sing like angels at our 2018 National Convention in Sioux Falls, South Dakota. Being a part of a music ministry is a special way to express our Love of God and to enhance the beauty of the Liturgy. Please contact Nicole Fuhrer at: [Nicfuhrer@gmail.com](mailto:Nicfuhrer@gmail.com)

Thursday evening is State Night. Your State Regent will need the total number of delegates and alternates attending, no later than April 15, 2018. Reservations for our State Dinner needs to be made early, so the sooner the better. We hope we can get someplace close to the Convention and don't have to drive, but since the rooms at the Sheraton is already booked, we may not find anything close.

### Delegates and Alternates

Since National has requested the number of delegates who will be attending, ASAP, and election of new court officer does not take place until May, the information submitted to National may change. The date for election of officers cannot change because of Bylaw restrictions. Therefore, please elect delegates who really want to go and participate. They do not have to be an elected officer. When you submit that information, send a copy to the State Regent as well. The State

## Lenten Table Prayer

**Mighty God, you filled creation with all we need to live;**

**Bless me with a thankful heart.**

**Lord Jesus Christ, you ate with sinners as a sign of the Kingdom:**

**Bless me with a thankful heart.**

**Holy Spirit, you make Christ present for us in His Body and Blood;**

**Bless me with a thankful heart.**

**Thank you, Father, Son and Holy Spirit, for the gifts of this table and the gift of life.**

**Bless and nourish your Church through these Lenten days,  
and bring us to the joy of the Heavenly Feast.**

**Amen.**





**Bonnie Valcik**  
State Regent  
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**Lucy Gasaway**  
Editor  
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We're on the Web  
[catholicdaughterscolorado.org](http://catholicdaughterscolorado.org)

### MISSION STATEMENT

*Catholic Daughters of the Americas strive to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.*

## Court News



**Court Little Flower #925 - La Junta – (Jan.)** Regent Jo Ann read New Years greetings from our National Regent, Helene Shepard & Colorado State Regent, Bonnie Valcik. Katie Lopkoff, Legislation Chair urged the members to contact our congressmen to voice their views on issues. Father Henry will do a Lenten reflection on Feb. 20th & all members were to wear purple. The court voted to donate \$100 to the St. Patrick's Day Dinner Auction. CDA members will be in charge of Stations of the Cross on Friday, March 23rd.

**Court Mount of the Holy Cross #941 - Grand Junction - (Jan.)** Regent Rosemary said they lost 3 members between August and November 2017. The court is busy planning their Birthright Baby Shower to be held in February. Baby items are being collected in boxes placed in the back from the four churches in their area.

**Court St. Teresa #980 – Sterling – (Jan.)** Mary Jane Armstrong encouraged the court to pray for the March of Life on Jan. 18th in Washington, DC. The court is considering supporting the Hope House & Family Treatment Court in Sterling along with Gabriel House which they do. Nursing Home visits continue to go well.

**Court Sacred Heart #1606 - Cortez—(Jan.)** Regent Cathy Parch announced the death of Margaret Klatt, who was the last living charter member & asked the court to pray for her & her family. The court is busy planning their Lenten spiritual project & Mary Sparks will be speaking at each Mass the weekend of Feb. 10th-11th to explain our project & have people sign up. The court donated \$500 to the Parish Haiti House build in Nov. to reach the goal by the 1st of Dec. JCDA President, Norah West said that they made Christmas baskets for 40 families. The girls are planning another trip to Vista Grande nursing home to decorate & write valentines for the residents. JCDA are planning a bake sale on February 11th after Mass.

**Court St. Anne #1622 – Lamar – (Jan.)** Our choice other than the Women's Rights March being held in Denver & Pueblo, was to have a Right to Life rosary & gathering. Many of the Protestant churches stood with us holding Right To Life signs. Even a small group can have a large impact!

**Court of the Holy Family #1784 - Security - (Jan.)** Regent Evelyn Irving told the court about the the special Mass of Thanksgiving that was offered in Dec. by Nat'l Clergy Consultant, Rev. Jeffery Maurer for the intentions of all Catholic Daughters. Sandy Cozad reported that the Dec. 9th & 10th bake sale made \$1070! Regent Evelyn suggested that we hold a Pro-Life Stations of the Cross and use the "Way of the Cross for Life" that Fr. Bill wrote & she is waiting for approval. The court is busy planning for their annual Card Party & discussed details. **(Dec.)** Bonnie Valcik, Legislative Chair gave out a handout of the Life Issues Forum, which is a bi-weekly column of the USCCB.

**Court Sts. Peter & Paul #2669 – Wheat Ridge – (Jan.)** Vice-Regent Susan Carabajal read thank you cards from Marisol Homes for a food basket donation, Mount Saint Vincent for a \$100 donation, Tennyson Center for Children for a \$100 donation, & Prader-Willi Syndrome Association for \$100 donation. Tammy Vigil is looking into a program for 7th & 8th grade girls called "Young Girls of Grace" it is a 1 year program that meets weekly starting in August. The court's Christmas giving tree went well delivering 170 gifts. The Court will be hosting our 2019 CDA State Convention and will get the guidelines from the State & start forming committees They have a theme of the Blessed Mother & crosses but still need a phrase.



## ENTRY SHEET

### “Father Bill Carmody Pro-Life Award”

**Date:** \_\_\_\_\_

**Court Name & Number:** \_\_\_\_\_

**Name of Regent:** \_\_\_\_\_

**Regent’s Phone Number:** \_\_\_\_\_

**Forwarded is our entry for Colorado’s Catholic Daughters**

**“Father Bill Carmody Pro-Life Award” for \_\_\_\_\_.**  
**(year)**

**Signature:** \_\_\_\_\_  
**(Signature of individual sending entry.)**