



Colorado State Court Catholic Daughters of the Americas®

NEWSLETTER

January 2019

JANUARY

Message from State Regent

Happy New Year!!

We all make New Year's Resolutions. Mostly to better ourselves, and not always in a way God would find favor with. Not that losing weight isn't good or finishing all of those craft projects we all have in our closets wouldn't be a good thing, but how many of our resolutions are the ones that help us to grow with God, to hear him better, to see Jesus in all those around us?

Also, as you all know, it is time to vote for new State Officers. Maybe you are thinking, "I can't do any of those things", but if you are a mother, a room mother, a volunteer at the church, any of those things, then you must know that you are filled with gifts from the Lord. I bet, if you really tried any of those positions, you could do it. We all are filled with different gifts that the Lord has given us. Pray on it. What does God want you to do with those gifts? Let them set under the basket, where your light can't shine? I know there are things out there that I can't do, but I also know that those unfinished craft projects are proof that I can do all kinds of things. I just need a little help to finish them. Finishing those projects are skills I am still learning and need help on. If you are like me, you are constantly still learning. God isn't finished with us yet, but he does want us to use those gifts. Think about it, Pray about it. You can always find little ways to grow and learn.

Happy New Year, and may our Gifts grow throughout this coming year.

Bonnie Valcik

Prayer Corner

Praying for others.....A spiritual work of Mercy

Please hold in your heart in the coming days these friend and family members who've asked our prayers for the challenges they are now facing with ill health, injury, or other special needs:

The family of Iowa State Treasurer Deb Steger; The family of Monsignor John Slatery; Monsignor Dunn; Deacon Alan Spears' wife, Gayle; Fr. Bill Carmody's sister, Mary Kay; Maria Garrett's daughter, Giselle; The family of Lillian Shew's daughter, Barbara Woodnansee; Fran Maestas; Mike Matousek; Lucy's cousin, Peggy – RIP Jan Kush; Kim Herrera; Carol and Falco; Marge Beet; Pam Biscus; The family of Dan O Brian; Joyce's' sister; All Catholic Daughters in need of prayers; Bob Reed; Peggy Schell; Christina Sanders; Ruby Moscoso; People in Sandersville & Laurel, MS

DATES TO REMEMBER

Colorado State Convention
Wheat Ridge
June 7-9, 2019

National Convention
Dallas, TX
July 2020

State Officer Workshop
June 2020

Inside this issue:

State News	2
State Convention	3
National News & Circle of Love	4-6
State Circle of Love - Leadership	7
Court News	8
Secretary's Form	9
State Chairmen	10



State CDA Pin for sale for \$5.00

"You are the Joy in CDA" pins are available from your State Representative



State News

NEW YEARS RESOLUTION

Lord, make me an instrument of your peace; Where there is hatred, let me sow love;
Where there is injury, pardon; Where there is a doubt, faith; Where there is despair, hope;
Where there is darkness, light; Where there is sadness, joy.
O Divine master, Grant that I may not so much seek to be consoled as to console,
To be understood as to understand, To be loved as to love.
For it is in giving that we receive, It is in pardoning that we are pardoned,
It is dying that we are born to eternal life.



St. Francis of Assisi

COLORADO STATE BOARD WEB SITE

To learn more about what is going on at the State level, please visit:

www.catholicdaughterscolorado.org.

To go to National Board's web site, there is a link on the state's website
or you can go directly to National at:

www.catholicdaughters.org

ARE YOU INTERESTED IN RUNNING FOR THE STATE BOARD?

Are you considering running for a State Office? Being on the State Board can be time consuming sometimes, but it is a rewarding job. There is some travel and committee work, as well as the regularly scheduled board meetings, which you help to schedule. Being a State Officer not only takes time, but your talent too.

If you are interested in being a State Officer, training is available at the Biennial State and Territorial Officers Workshop held in July 2019, after the State Convention at the National Shrine of our Lady of the Snows in Belleville, Illinois.

JCDA

JCDA Sunday is February 19, 2017. If you have a JCDA Court, please plan something special for them on that day. If you have not already applied for a Charter from National for your JCDA Court, please do so. If you don't already have a Court, perhaps you have been thinking of starting up a Court? Contact your State Chairman, Elaina Swanson at elainaryan9@hotmail.com

ELECTRONIC BANKING

After consultation and discussion, it was noted that is not a wise for CDA banking. Our bylaws require two signatures on each check even if you bank does not require it.

WE DO NOT recommend or endorse this type of banking
for our organization.

BYLAWS

Time to order your new CDA Bylaws for each of your Court Officers, if you haven't already done so.
Don't be afraid to see if any of your Court members would like to
order one as well.

CDA Bylaws, revised 2018 - #107 Bylaws revised 2018
Price: \$3.50



State News - continued

CIRCLE OF LOVE REPORTING FORMS

Ladies, I suggest you start now completing the Circle of Love reporting forms for the period February 1, 2018 to February 1, 2019. Each court chairman must complete these forms and they must be **POSTMARKED NO LATER THAN MARCH 1, 2019** to your State Chairman. A good suggestion for each court chairman is to keep an on-going record of all activities so when these reports are due, there isn't a mad scramble to try and remember what happened during the past year. If you have any questions on how to complete the reports, please contact your state chairman.

ELECTION OF DELEGATES TO STATE CONVENTION

The names of the delegates and alternates are to be sent to the State Regent immediately following the election. This list should be in the hands of the State Regent **no later than February 15, 2017**. The State Regent will then inform National of the total number of delegates and alternates **no later than March 10, 2017**.

DELEGATES TO THE STATE CONVENTION

Based upon the number of members for which each court was billed by National on November 15, 2016, the following is the total number of delegates and alternates you are entitled to elect to our 2017 Biennial State Convention:

		<u>Members</u>	<u>Delegates</u>	<u>Alternates</u>
Little Flower #925	La Junta	22	2	4
Mount of the Holy Cross #941	Grand Junction	66	4	8
St. Theresa #980	Sterling	30	2	6
St. Anthony #1248	Durango	45	3	6
Sacred Heart #1606	Cortez	74	4	8
St. Anne #1622	Lamar	38	3	6
Holy Family #1794	Security	73	4	8
Sangre De Cristo #1810	Alamosa	43	3	6
Madonna of the Mountains #2035	Lakewood	66	4	8
Sts. Peter & Paul #2669	Wheat Ridge	68	4	8
Our Lady of Peace #2728	Woodland Park	24	2	4
Daughters of St. Monica #2743	Brighton	44	3	6

COLORADO STATE CONVENTION

JUNE 7-9, 2017

WHEAT RIDGE, CO

The Colorado State Convention will be held June 7-9, 2019 at the Holiday Inn in Lakewood, CO. Each guest is responsible for making her own reservation with the hotel. Hotel contact information will follow in next Newsletter.

ROOM RATES PER DAY:

	Single Occupancy	\$134.00
Double Occupancy		\$134.00 (\$67 each for 2 people)
Triple Occupancy		\$134.00 (\$44.67 each for 3 people)
Quad Occupancy		\$134.00 (\$33.50 each for 4 people)

Rooms have 2 queen beds and **COMPLIMENTARY** high-speed wireless internet and hard-wired internet access throughout the hotel. Breakfast Buffet included for Saturday morning only.

National News and Circle of Love

MARCH FOR LIFE

The 46th annual March for Life, the world's largest annual human rights demonstration, will be held on January 18, 2019. March for Life Education and Defense Fund announced their 2019 theme:

“Unique from Day One: Pro-Life is Pro-Science.”

Jeanne Mancini, President of March for Life, discussed how the theme of the 46th annual March for Life embodies the current state of the pro-life movement. “Science is behind the pro-life movement. We see that medical and technological advancements always affirm the pro-life movement, for example, DNA is present at fertilization and no fingerprint on earth, past, present, or future, is the same. We know, too, a baby's heart beats at just six weeks and we can distinctly observe it ourselves with ultrasound technology,” said Jeanne Mancini. “As science progresses, we see clearly that every life is unique from day one in the womb.”

CIRCLE OF LOVE CHAIRMEN

Olga Samaniego, National Regent, requested that the local Court Chairmen be given this information:

- * You should file the report for the one-year period of February 1, 2018, to February 1, 2019.
- * As court chairman please select **ONE**, outstanding or unique event in which your court participated in your specific area of the Circle of Love and send it to the state for consideration and recognition. Be sure to include a completed cover sheet, “LOCAL Chairman to State Chairman.”
- * In addition to mailing it to the State Chairman, please keep a copy of the cover sheet and entry for your court files.
- * Please encourage your court to participate in your spoke of the Circle of Love Program.

Thank you for your dedicated service to our organization and to our Church
through the Catholic Daughters of the Americas.

LEADERSHIP

Excerpts from Sherry Nilles, National Regent-Elect
Did you hear me? Were you listening? – from SHARE

As officers, do we listen to our members? When you hear members of the Catholic Daughters say that they want their voices heard and understood, they are really asking that you listen to them with your full attention. If members feel they are listened to, their trust in the leader is enhanced and the court can make greater progress. How does a regent really listen? Listening goes beyond just giving a member full attention. Really observe the speaker. Be aware of body language, facial expressions, even the mood of the member. Let the members know they are understood by asking open ended questions using what, why, how, and when. Proactive listening makes a connection and gets others thinking and sparks discussion.

Some ideas for proactive listening are:

- Don't interrupt
- Ask Questions
- Don't judge the book by its cover
- Use Empathy
- Make A difference

Some interesting statistics from the Glenn Llopis Group on listening:

- 85% of what we know we learned by listening
- Humans generally listen at a 25% comprehension rate
- In a typical day, we spend 45% of our time listening, 30% of our time talking, 16% of our time reading and 9% of our time writing.

Our organization is constantly changing and growing. That is why listening to our members must be a full-time job.

Really listen to the theme chosen by National Regent Olga Samaniego “Speak, Lord, for your servant is listening.” I Samuel 3:9. Make it part of your leadership plan.



National - Circle of Love

Quality of Life

Carol Bogacz, National Chairman Quality of Life

Wow...what can we do to help the poor?

Let's be honest; not one of us has a firm grip on reality as to the world of poverty. Millions go to sleep each night unaware if they're going to eat the next day while others have an abundance beyond what they need in a lifetime. This seems off...something is wrong in this equation. Here lies the problem. We know things are wrong, but we don't know how or what we can do as a group to change the world. When we look at the suffering and injustice in the world, in our states, our cities, communities and among the elderly, it is just too overwhelming to comprehend.

Stop and think for a second. We, the Catholic Daughters can do something. We can make an impact worldwide; we can help the poor, the impoverished, and the disenfranchised. We have a powerful dimension about us that is 65,000 members strong—it is our power of prayer. The Catholic Daughters have one extraordinary gift... the gift of prayer. We can impact the world, "Speak, Lord, for Your Servant is Listening." We must always listen for God's unique messages to all of us his CDA servants. God may ask us to step outside our comfort zone to walk in someone else's shoes once in a while.

How we see and care for the poor remind us that the poor are not a target to meet, percentages, or projects. They are real people, made in the likeness and image of God. They are people like us who need to experience God's grace. The grace God poured out on us is what we have to offer. This is what we share the love of God when we invest in the lives of the poor.

Youth & JCDA

Debbie Lattus, National Chairman Youth & JCDA

As I began to think about writing this article on Junior Catholic Daughters of the Americas several questions popped into my mind about the beginning of JCDA and the progress we have made through the decades.

In 1919 the National Board of Directors sanctioned JCDA. On February 22, 1926 the first appointed National Director for JCDA began traveling across the country to encourage Catholic Daughter Courts to initiate small groups of young women. The focus of these groups, which would gather in private homes, would be prayer, developing their faith; and the organization of charity projects while enjoying fellowship with other young Catholic girls.

Today, 93 years later, the motto of "Be Useful" and the goals of "Love God, Serve Others, and Live Nobly" remain unchanged. The Threefold Program of Involvement still focuses on "Message – possessing an active faith in God, Service – doing good for the benefit of others and Community – the heart of JCDA, with love for their JCDA court, families, community and the world."

History shows JCDA began under the jurisdiction of National CDA until 1988 when it was transferred to the individual states. Each state having a JCDA program, established a program designed for their specific state. Now back under the umbrella of National CDA statistics are being gathered to assess the number of JCDA courts along with a current membership count. The JCDA Tools of the Trade and the National JCDA brochure are being updated by an appointed National JCDA Advisory Board. These items will be available on the National CDA website upon completion. Currently available are the recently approved new Membership Application and Medical Release form which can be found on the National CDA home page under JCDA.

Since the inception of JCDA, the Juniors are sponsored by a local Catholic Daughter Court. Upon graduation from high school it is hoped these young ladies will transition into a Campus Court if one is available or into a local Catholic Daughter Court. These young ladies want to be part of something that makes a difference in the world, to develop a deeper relationship with God – welcome and nurture them.

Our deepest gratitude to the Catholic Daughter Courts who saw the importance of the JCDA program and offer this opportunity to young Catholic girls within their parish community. If your Catholic Daughter Court is interested in beginning a JCDA program you may contact Debbie Lattus, National Youth and JCDA Chairman.

National News

HABITAT FOR HUMANITY

Rose Holschlag, National Chairman Habitat for Humanity

“Speak, Lord, for your servant is listening.” (1 Samuel 3:9). Is He calling your state to do a Habitat build? Habitat is one of the projects of our Catholic Daughters of the Americas. It would really be nice if every state in our organization could boast of building a Habitat Home. In the last quarterly, you received a form to start the application process for financial help from national for a build. The guidelines on that form making it much easier to get the ball rolling.

In addition to building new homes, Habitat also refurbishes existing homes in many communities. They help people repair and improve their own homes and neighborhoods. This may be a good option if funds are short for building a new home. There is much information on the web regarding the locations of the Habitat for Humanity sites. Another option being considered by the national board is the possibility of working with GoServe Global to provide homes for our families in third world countries. GoServe Global has set up SafeT Homes in the countries of Haiti, Guatemala, Peru, Kenya, and more. Now, we need to realize that folks in these third world countries do not use their homes like we do here in the United States. Their homes are used only to store what few clothes they have and to sleep in safely. They do all of their cooking, washing, and living outdoors. Homes that were setup in Haiti withstood the 145 mile an hour winds of Hurricane Matthew in 2016 with minimal damage. There were many folks that found shelter and safety in these homes while other homes were badly destroyed. Each SafeT Home sheltered at least 100 people during this storm. These folks are so grateful for their shelters/homes. Contact me if you would like more information about undertaking a Habitat build in your state.

EXCERPTERS FROM THE NATIONAL CHAPLAIN'S MESSAGE IN SHARE “The Listening Heart”

A few years ago, a Baptist Scripture scholar published a book called “Slow to Judge: Sometimes it’s OK to listen.” I need to give a disclaimer – his name is David Capes, and we are friends. Towards the beginning of the book he interprets the Scripture where God tells Solomon He will give him anything he asks, and Solomon asks for Wisdom (1 Kings 3:9). Analyzing the Hebrew word for Wisdom Professor Capes concludes that Wisdom is the gift of a “listening heart.” On one level this can be a reflection for each of us personally. How often I find that I want to talk and be heard, or maybe I wish I was better understood. The key to resolving these thoughts may be to take more time to listen to others and strive to understand their experience better. On another level this can be a challenge for leadership in an organization. I believe Olga Samaniego has taken the call for a listening heart to be the version for her leadership of the Catholic Daughters of the Americas. As I write this article I also realize we live in a moment when bishops of the Church, up to the highest level, may need to listen before speaking. Wisdom is a gift of a “listening heart.”

...I was visiting with a high school class and asked if they had any questions for me. One person asked: “What about Pennsylvania?” The young men and women in the classroom had read reports and news about the Pennsylvania Grand Jury Report and Cardinal McCarrick and they wanted to know what I thought about it....

...In listening to (the National Review Board)...I heard urgency and frustration: ... “Holding bishops accountable will require an independent review....The only way to ensure the independence of such a review is to entrust this to the laity, as recently suggested by Cardinal DiNardo.”

The Catholic Daughters have a special voice in the Church. Striving to be the hands of service “where there is pain, poverty, sorrow or sickness,” the Catholic Daughters consistently stand for justice. As I ask for your prayers in this challenging time I believe the Church also needs your thoughts, words and ideas. May the Lord bless each of you and your families, let’s keep each other in prayer with confidence in the power of the Holy Spirit.

†Bishop Brendan J. Cahill



Circle of Love-Leadership

Message from your State Leadership Chairman, Evelyn Irving:

Ladies, as you know we have our State Convention coming up. Have you considered running for a State Office? We really need you to pray about it and consider making this great leadership move.

State officers are here to ensure the growth of CDA in the New Term. Two things we need to know:
(1) who we are and (2) why we do what we do.

Our purpose is to know God, to love God and to serve God. Together, we come to know God; together our love for Him deepens; and together we serve Him.

The members of the State of Colorado will take their cue from you: attitude, joy, commitment, leadership, expertise and inspiration.

COLORADO NEEDS YOU TO COME FORWARD AND SERVE ON YOUR CDA STATE BOARD.

COLORADO STATE OFFICER POSITIONS

Duties in addition to those spelled out in the Bylaws:

- Expected to be knowledgeable about CDA, including but not limited to the Bylaws, Tools of the Trade, Circle of Love, National Charities and Protocol.
- Expected to attend all State Board meetings – usually held quarterly.
- Expected to attend and participate in the State Convention. Expenses paid per State's Standing Rules.
- Expected to attend and give presentations at the State Workshop, Regional Workshop, and/or local court workshops.
- Would have the opportunity to attend National Convention. State would advise re expenses.
- Could be requested to attend a National Workshop. State would advise re expenses.
- Will be assigned as a State Advisor to 2 or 3 local courts. This would entail:
 - Communicating with assigned court.
 - Attending semi-annual Financial Reviews.
 - Attending Installation of Court Officers and Receptions of New Members.
 - Attending a court meeting to have the opportunity of meeting members and getting to know more about the court and its plans.
 - Working with courts to which you are assigned in answering their questions about CDA rules, activities and reports.
 - May be requested to fill-in for another State Officer who is unable to attend a function.
- Will be assigned as Advisor to State Circle of Love Chairman. This would entail:
 - Communicating with Chairman
 - Helping Chairman with Circle of Love Reports, workshop and convention reports and letters for the state newsletter.
- New Ideas/suggestions for growing and improving CDA within the state.
- Other assignments as given by the State Regent.





Bonnie Valcik
State Regent
valcikb@live.com

Lucy Gasaway
Editor
lvgasaway@mail.com

We're on the Web
catholicdaughterscolorado.org

MISSION STATEMENT

Catholic Daughters of the Americas strive to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

Court News

Court St. Teresa #980 - Sterling - (Dec) - The court met & recited The Divine Mercy Chaplet. A motion was made to dismiss the December business meeting until January & for all to enjoy the Christmas potluck with the clergy. Members & guests enjoyed a delicious meal and sang Christmas carols. Monetary gifts were given to the Priest & Deacon, three door prizes were given, & all were encouraged to take home table decorations which were poinsettias and mini trees.

Court St. Anthony #1248 - Durango - (Dec) - Regent announced the upcoming 2019 Pilgrimage to France, the Colorado State CDA convention hosted by Wheat Ridge from June 7 - 9, 2019, the National CDA convention in Dallas, TX in 2020, & encouraged members to go to the National & Colorado State websites to find out more about these upcoming events. The Chaplain wishes the Catholic Daughters to be more visible in the church so CDA will be attending more church activities as a group wearing their vests. The court's cookie sale raised \$1000.25. The court will be having an Epiphany luncheon on Saturday, January 19th at noon. Christmas cards for the Priests & Seminarians were sent with monetary gifts.

JCDA Court Immaculate Heart #1606 - Cortez - (Dec) - The girls were busy in late November making Christmas cookies for the residents at Vista Grande Nursing Home in Cortez & early December wrote Christmas cards with the residents. They assembled & delivered 34 Christmas baskets for needy families from donations of the church community. They participated in their Mother Court's (Court Sacred Heart #1606) Christmas Bazaar raising \$600 from sales & \$200 from a soup lunch. These girls are "On Fire" & what an example to us of Christian values!

Court Holy Family #1794 - Security - (Dec) - The court had a guest speaker, Mike Hestermann from Shield 616 who discussed how they get life-saving equipment through donations from organizations & present it to First Responders. Some of the members helped serve Thanksgiving dinner at the Senior Center & some will help serve Christmas dinner also. The court collected \$67 for Disaster Relief. Regent talked about being kind to others & that kindness should always be in our hearts as Catholic Daughters. The court received a \$1000 donation from the son of a past member, Helen Wilson in her memory. The court will be celebrating their 60th anniversary in February 2019 & are working hard on this event.

Court Sts. Peter & Paul #2669 - Wheat Ridge - (Dec) - The meeting was held at Red Lobster & was short due to the Christmas party to follow. Chaplain Father Raj was present & led the opening prayer. A \$100 Visa gift card was donated by SPPS PTSO to the court & was agreed upon to use it towards the convention. Circle of Love Annual reporting forms were handed out to the various chairmen. One of the members thanked everyone for cards, donations, time, & hard work on her husband's funeral as it was greatly appreciated.

Court Daughters of St. Monica #2743 - Brighton - (Dec) - The meeting opened with a prayer by Deacon Bill Jordan. Regent welcomed court members & read an excerpt from our National Regent, Olga Samaniego from a message she wrote in the December Quarterly national newsletter. The court gave \$300 to Father Urban for the Miguel Pro Mission. Deacon Bill talked about being loving & charitable. He quoted Pope Francis who said "Consumerism is the enemy of Generosity." The court donated \$100 to the Director of Religious Education to use as she sees fit. The court planned a Christmas Bunco night, potluck & ornament exchange. The March for Life is planned on Saturday, January 12th, 2019 in downtown Denver at 2pm. & the Knights of Columbus has chartered 1-2 buses to take people to march.

